



Breaking Barriers, Shaping Futures

# MONTHLY REPORT

## MARCH 2024



a project by



Give Bangladesh

# Training & Awareness Session for Regional Representatives in Chittagong



1st March 2024



14 participants



University of Chittagong



Asian University for Women

Intending to empower tomorrow's leaders to disseminate Menstrual Hygiene Management (MHM) awareness at regional levels, Team Konna conducted an in-person training session in Chittagong with the selected Regional Representatives.

The dynamic training session comprised three parts:

- **mentor presenter training,**
- **guidance on campaign ideation and planning,**
- **a brainstorming round to plan forthcoming initiatives of Konna.**

Out of 16 regional representatives, evenly split between the University of Chittagong and the Asian University for Women, 14 individuals participated in the session. We expect them to achieve remarkable outcomes, sparking innovation and collaboration for brighter futures.

# School Workshop for Menstrual Hygiene Awareness



10th March 2024



38 (Class 6 & 7)



Rose Garden High School,  
Saidabad, Dhaka

'Project Konna' conducted a school workshop at 'Rose Garden High School' in Saidabad, Dhaka, to create awareness among students regarding menstruation and menstrual hygiene. Students from the sixth and seventh grades attended the workshop.

Our presenter explained the menstruation process, taught free hand exercises, and offered tips on maintaining menstrual health and cleanliness. A Q&A session allowed students to share their understanding of menstruation and receive effective feedback.

Konna handed over an '*Apuni Kit*', containing *single-use pads, painkillers, handwash, toilet paper, and poly bags*, to the headmaster and the students and instructed them on its proper use.

*Project Konna is working incessantly to raise awareness about menstruation & reproductive health throughout the country.*

*We hope to have you by our side on this journey.*



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